

# Urine Albumin/ Creatinine Ratio Test

Urine Albumin/Creatinine Ratio is a laboratory test used to monitor the progression of kidney disease.



## URINE ALBUMIN/CREATININE RATIO

Diabetes is one of the leading causes of kidney failure in the developed world. People who have both kidney disease and diabetes have an increased likelihood of needing dialysis or a kidney transplant in the future.

With improved management of diabetes and possible complications, such as high blood pressure, the progression of kidney disease can be slowed or prevented. Kidney failure from diabetes happens so slowly that you may not feel sick at all for many years.

## HOW IS URINE ALBUMIN/CREATININE RATIO TESTED?

Kidney damage can be diagnosed by checking for the presence of tiny abnormal amounts of albumin (microalbuminuria) in urine. Albumin is a normal body protein but it should not leak out into the urine in large amounts. Identifying the very early stages of kidney disease helps the patient and doctor adjust treatment.

## HOW OFTEN SHOULD YOU BE TESTED?

Speak to your doctor about how often you should be tested. For most people with diabetes, it is recommended the test be performed annually.

## ARE THERE FEES INVOLVED?

Medicare will provide a rebate providing all criteria and guidelines are met.

**For further information, please speak with your doctor.**

Please consider your individual circumstances and consult your healthcare professional if you have any questions relating to the information contained in this brochure. This brochure contains general educational information only. It is not intended or implied to be a substitute for professional medical advice or treatment and is presented for the sole purpose of disseminating information. \*Prices, where displayed, are correct at time of printing and are subject to change without notice.

Specialist Diagnostic Services Pty Ltd (ABN 84 007 190 043) t/a QML Pathology PUB/MR/892, v5 (Oct-16)